



ENTRE**COMPEDU**

**Module 5:**

**Go Deeper 5.2 Deliberate Practice**



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## Exploring Deliberate Practice

Deliberate practice is an ongoing process of self-improvement, which is ranked by John Hattie as one of the most effective things you can do to become a better teacher<sup>1</sup>. It involves choosing a specific professional skill for repeated practice over an extended period of time, and applying feedback from a trusted, knowledgeable source to continually refine what you do. This is something that top performers in sport do each day, hour upon hour of dedicated, focused practice.

The starting point is to be honest in describing whether you behave in an entrepreneurial way. For example, how do you react when faced with difficult situations? Do you see the possibilities where others see problems? Do you see taking risks as a bit like buying a lottery ticket i.e. a question of chance? Do you like to have the final say?

Figure 5.2.1 shows the process of deliberate practice. You might review the competences within EntreCompEdu and select one which you feel is a priority for your own professional development. You then need to formulate a goal and identify someone who might offer constructive feedback. Where this is not possible, drawing on networks through social media might be one option. To make a difference, deliberate practice calls for time, effort, a responsive attitude and relentless focus. But it is a proven approach to make a lasting difference to the quality of performance.

The same process of deliberate practice can be applied to students' learning (see Task 5.5.2).

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<sup>1</sup> See: <https://www.evidencebasedteaching.org.au/deliberate-practice-in-education/>



### Activity: Your potential

Complete the 10-minute survey assessing your entrepreneurial potential available at: <https://www.bdc.ca/en/articles-tools/entrepreneur-toolkit/business-assessments/pages/entrepreneurial-potential-self-assessment.aspx>

Read the feedback and reflect on what this tells you about your current disposition?



## Deliberate Practice Plan

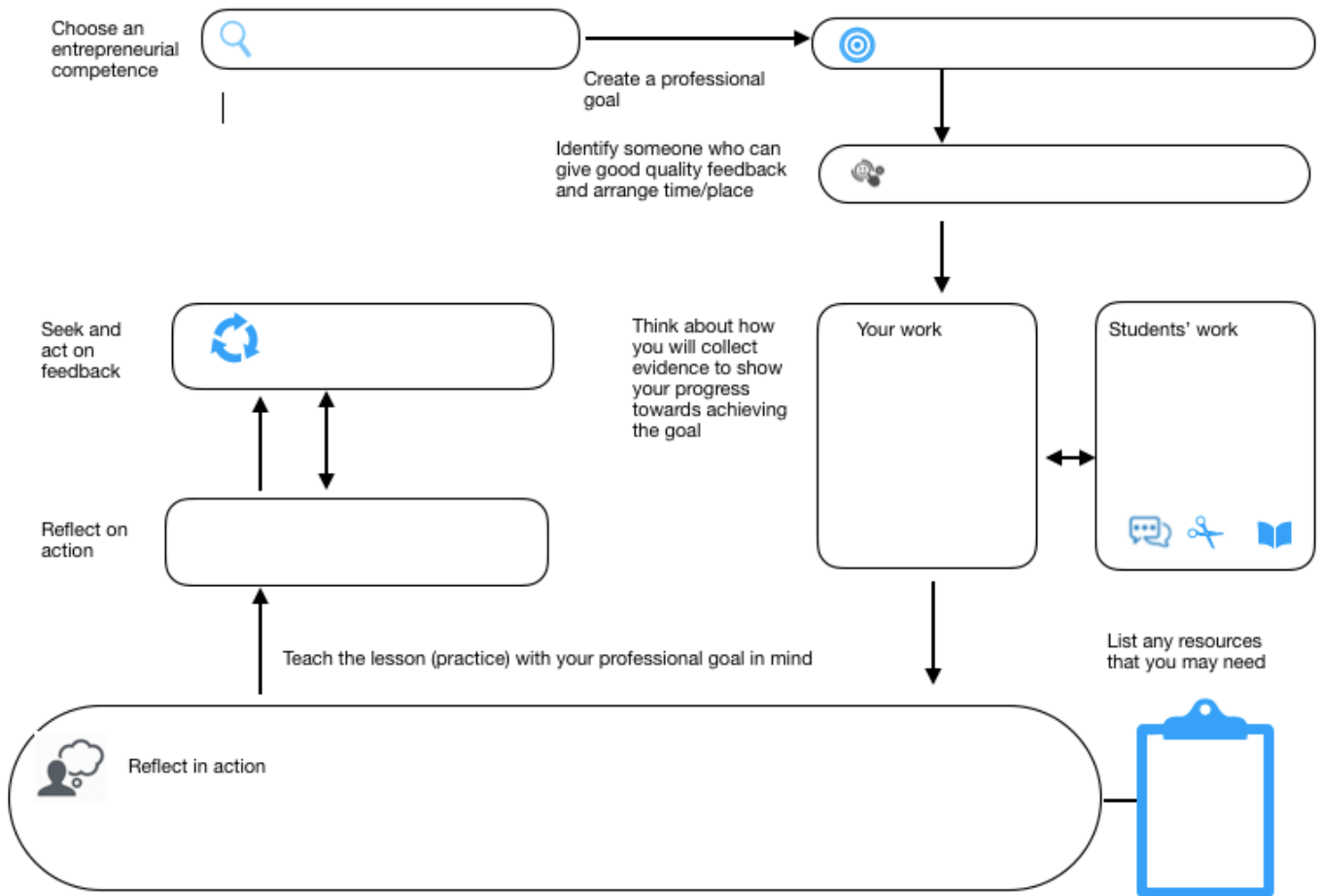


Figure 5.2.1 Deliberate Practice Plan